

**The Runaway Prophet & The Pursuing God, Part 2:**  
**“Jonah in the Belly of the Fish”**  
**Jonah 1:17-2:10**  
**Ps. Jeff Susila**

**Overview:**

- I. Remorse to Remembrance
- II. Remembrance to Rejoicing

**Jonah 1:17-2:10 (ESV)**

<sup>17</sup> And the LORD appointed a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights.

**2** Then Jonah prayed to the LORD his God from the belly of the fish, <sup>2</sup> saying,

“I called out to the LORD, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice.

<sup>3</sup> For you cast me into the deep, into the heart of the seas, and the flood surrounded me; all your breakers and your waves passed over me.

<sup>4</sup> Then I said, ‘I am driven away from your sight; yet I shall again look upon your holy temple.’

<sup>5</sup> The waters closed in over me to take my life; the deep surrounded me; weeds were wrapped about my head.

<sup>6</sup> To the roots of the mountains I went down, to the land whose bars closed upon me forever. Yet you brought up my life from the pit, O LORD my God.

<sup>7</sup> When my life was fainting away, I remembered the LORD, and my prayer came to you, into your holy temple.

<sup>8</sup> Those who pay regard to vain idols forsake their hope of steadfast love.

<sup>9</sup> But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the LORD!”

<sup>10</sup> And the LORD spoke to the fish, and it vomited Jonah out upon the dry land.